



1. The service

International Parcel Post is our lowest cost international sending option to send your parcels overseas.

International Parcel Post has a 3-10 day delivery target to over 100 destinations, including PO Boxes and rural areas worldwide. The required postage is based on the weight of the parcel and its destination. The minimum weight for International parcels is 200g.

2. Sending by International Parcel Post

To send your parcel by International Parcel Post you need to have:

- a Customs declaration CN22, listing each item and its value and attached to your parcel (for parcels up to 2kg).
- a consignment note (CN23) listing each item and its commercial value in the space provided (for parcels over 2kg).
- an Export Invoice or a copy of the commercial invoice attached to the outside of the parcel if your parcel is being sent as part of a commercial transaction.

Lodge your mail at the Vodafone Main Store in Tutakimoa and pay the required postage.

For the latest updates on affected delivery times or items we temporarily cannot accept, please contact us on 29940.

3. Compensation, restricted & prohibited items

Ensure your item is safe to send and find out if you'll be compensated if it goes missing or gets damaged.

Please note compensation is not payable on the following:

- Inadequately packaged items
- Cash, bank notes, coins, currency notes, deeds and travellers cheques
- Negotiable instruments, and securities and bearer securities
- Bullion, precious metals, precious stones or gems jewellery, watches or antiques
- Consequential Loss
- Fragile Items, items containing liquids, semi Liquids, perishables or article by their nature liable for damage
- Unlawfully posted items (Prohibited Items)
- Where there has been neglect on the part of the sender
- Any event following delivery
- Any claim for loss or damage lodged more than 6 months after the item was sent.

4. Customs documentation

You must include a green Customs Declaration (CN 22) or attach an electronic label generated via a NZ Post electronic lodgement tool. If your parcel is being sent as part of a commercial transaction, you must also include a copy of the commercial invoice or an Export Invoice (NCPI025). You are responsible for ensuring that the information you declare is accurate. In addition to its use for Customs clearance, this information may also be used to determine the safe carriage of your parcel, and you will be liable for any damages incurred from a misstatement or omission of information.



The description and value of items disclosed for Customs, consignment and/or postage purposes must be accurate, and will be taken in account when determining if compensation for loss or damage is payable.

5. How to package items

You can use your own materials to package your items or choose from our range of packaging materials.

Follow our handy tips to help you package items so they arrive safely and securely.

When sending an item, it is your responsibility to ensure packaging is secure to prevent damage to the item, postal equipment or other mail, and injury to people handling it. Inadequate packaging could result in you being liable for damages.

By accepting your item, Cook Islands Post does not acknowledge the packaging is adequate or the contents are acceptable. To check if your item is prohibited or hazardous, refer to **Compensation, restricted & prohibited items** in the previous section.

Parcels sent internationally need a Customs Declaration and, depending on contents and value, may need other documentation.

General items

Ensure internal cushioning is packed around all sides of your item and wrap enough times so you cannot feel the shape of the object.

- Items packed together in one container should be individually wrapped and separated from each other with cushioning material.
- Heavy items require internal cushioning to prevent movement during delivery as this may damage the outer packaging.
- For external packaging, cardboard cartons are generally strong enough to ship items of average size and weight.
- Wooden crates should be used for heavy items.

Sealing parcels

Seal your parcels with a strong, self-adhesive tape. Choose a tape that is at least 38mm wide. It's best to use parcel tape rather than a standard household or stationery adhesive tape as it is stronger.

Apply the tape along the length of the flaps and along the ends to seal the openings of the carton. Never use metal staples.

For large and/or heavy parcels we recommend you use plastic strapping or binding as well as tape. The strapping should be applied twice from end to end and twice from side to side. The binding should be tight enough to remain in position throughout delivery of the parcel, but should not cut into the edges of the carton. Strap your parcels individually, not together.



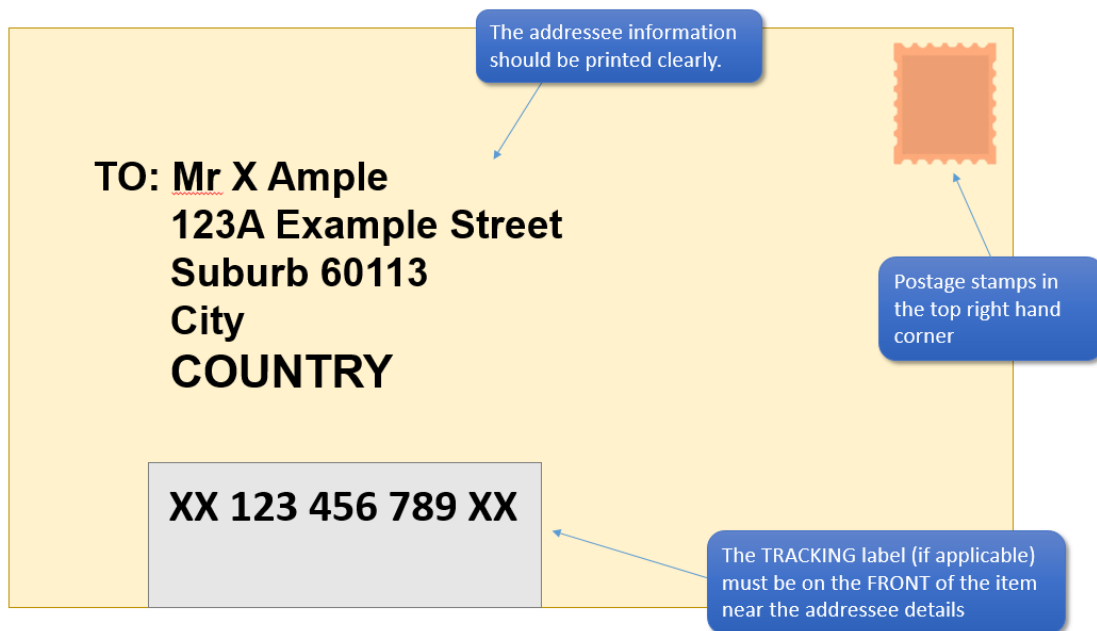
6. How to address items

So we can facilitate the correct delivery of your item, ensure they are clearly addressed by following the guidelines below.

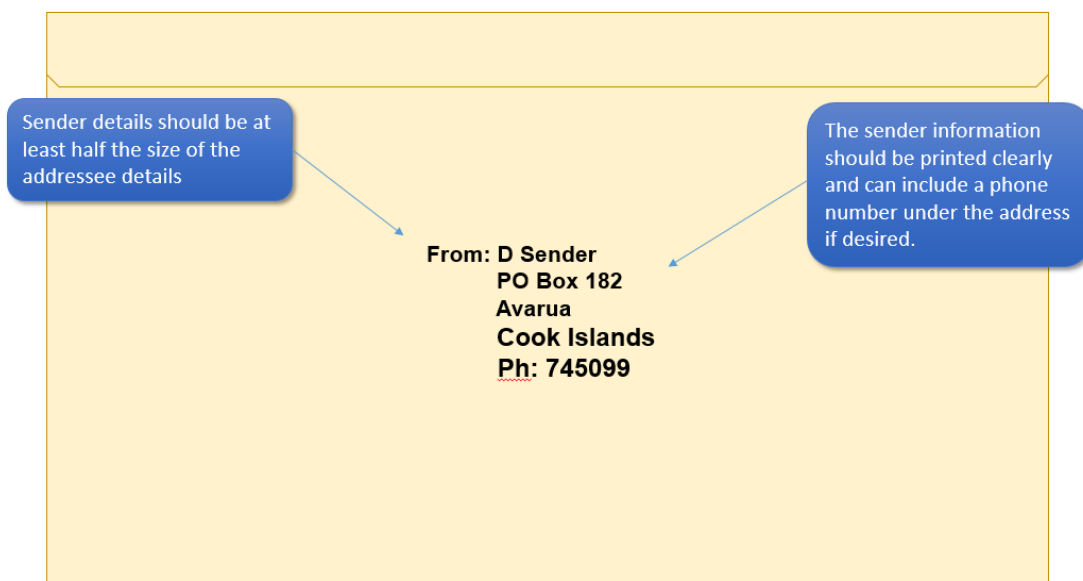
Sending letters

The **front** of the letter should contain the addressee details

Mr X Ample
123 Example Street
Suburb 6011
City
COUNTRY



The **back** of the letter should be blank except for the sender's details



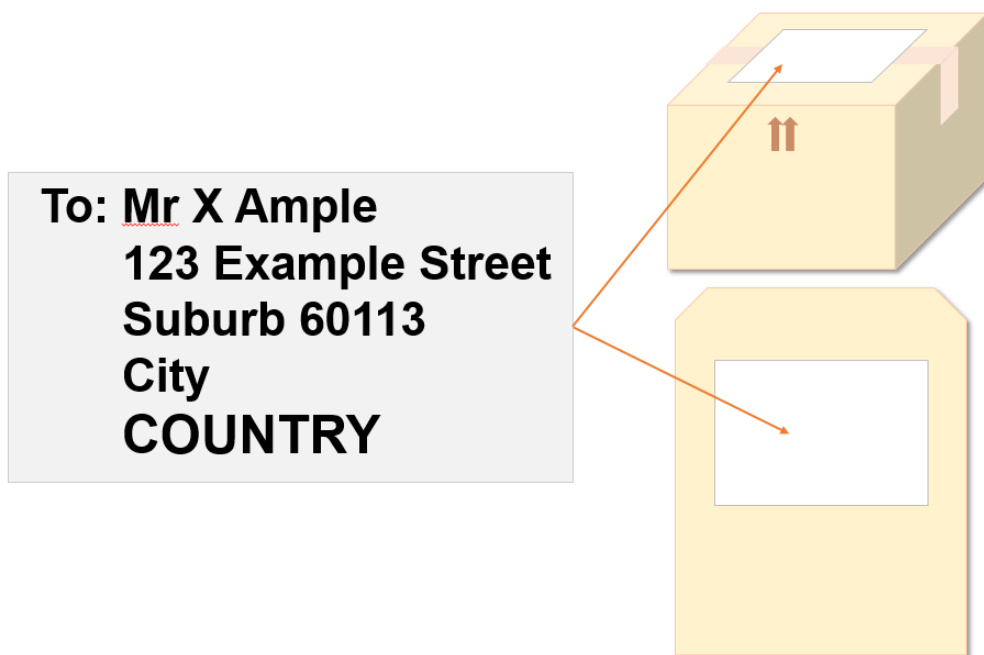
Vodafone Cook Islands

Posting International Parcels

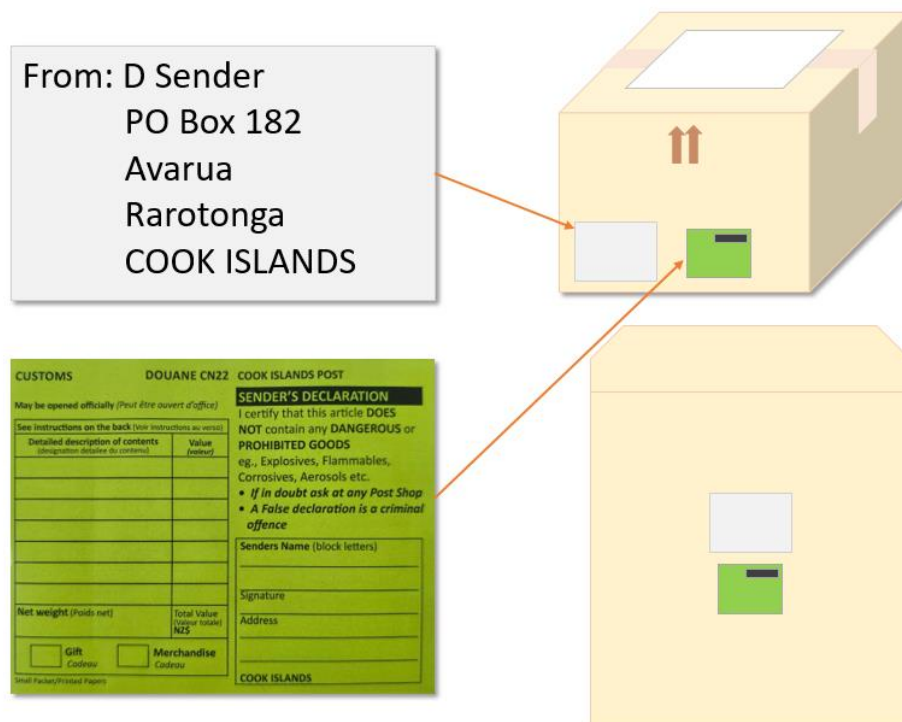


Sending parcels under 2kg

The **front** or **top** of the parcel should contain the addressee details.



As small packets will contain merchandise, (all except just paper documents), you are required to affix a completed CN22 on your item. **The CN22** should be affixed on the **back or side** of the parcel along with the sender details which should be much smaller than the



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Posting International Parcels

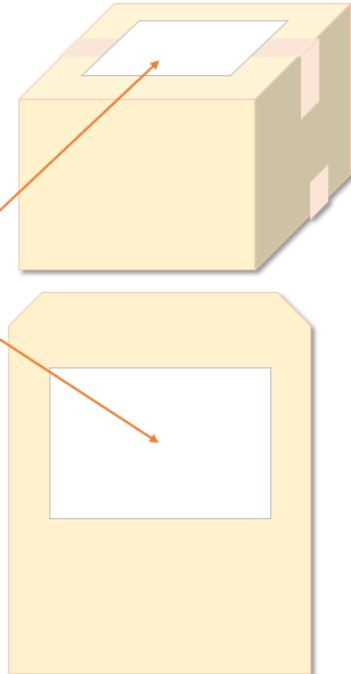


Sending parcels over 2kg

The **front** or **top** of the parcel should contain the addressee details.

As small packets or parcels will contain merchandise, using the CN23 print out to address your item is sufficient. Place the CN23 on the top of the box or front of the posting bag to ensure it can be read clearly.

From: Name: D Sender Address: PO Bo 182 Address (cont.): Postcode: City Avana State: RAROTONGA Country: CK (COOK ISLANDS) Telephone: +682 200001		CUSTOMS DECLARATION CN 23 No. of item (barcode, if any) May be opened officially DÉCLARATION EN DOUANE No. de l'objet (code à barres, s'il existe) Peut être ouvert d'office 0 0 0 6 3 2 0 0 8 C K	
To: Name: Mr Xavier Ample Address: 123 Example Street Address (cont.): Postcode: 60113 City: SUBURB State: CITY Country: AQ (ANTARCTICA)		Importer's reference (if any) (tax code/VAT No./importer code) (optional) Référence de l'importateur (s'il existe) (code de taxe/VAT No./Télécode de l'importateur (s'il existe)) Importer's telephone/fax/mobile (if known) +686 987645321 Téléphone/fax/mob. de l'importateur (s'il est connu)	
Detailed description of contents (1) Description détaillée du contenu		For commercial items only Pour des articles à caractère commercial uniquement HS tariff number (7) Numéro de tarif HS (7)	
sarong body oil	Quantity (2) Quantité 1 1	Net Weight (3) Poids net (en kg) 0.200 0.200	Value (5) Valeur 20.00 NZD 10.00 NZD
Total gross weight (4) Poids brut total 0.400		Total value (6) Valeur totale 30.00 NZD	
Category of item (13) Catégorie de l'objet ☒ Gift Cadeau ☐ Documents ☐ Commercial sample Échantillon commercial ☐ Returned goods Retour de marchandise ☐ Other Autre Explanation: (14)		Office of origin/Cies of posting Bureau d'origine/Cies de poste 09/07/2024 03:08	
Comments (11) (e.g.: goods subject to quarantine, sanitary/phytosanitary inspection or other restrictions) Observations (11) (e.g.: marchandises soumises à la quarantaine, des contrôles sanitaires, phytosanitaires ou à d'autres restrictions)		Number of parcels Nombre de colis 1	
Licence (12) Licence No(s) of licence(s)		Certificate (13) Certificat No(s) of certificate(s)	
Invoice (14) Facture No. of invoice		Sender's instructions in case of non-delivery Instructions du destinataire en cas de non-livraison ☐ Return to sender ☐ Priority	
I certify that the particulars given in this customs declaration are correct and that this item does not contain any dangerous article prohibited by legislation or by postal or customs regulations Je certifie que les renseignements donnés dans cette déclaration sont exacts et que cet objet ne contient aucun article dangereux interdit par la législation ou par les règlements postaux ou douaniers		Date and sender's signature (15) 09/07/2024 03:11	



Overseas postal administrations are aware to check the CN23 so including the item details elsewhere on the item is not recommended as it could cause confusion and result in the item being forwarded back to the sender.